Dave Stocktons Putt To Win Secrets For Mastering The Other Game Of Golf

Weight Training for Women's Golf

Learn how to swing a golf club from the golfer with the most perfect golf swing of all time, Mickey Wright. Oh yeah, who says so? Ben Hogan! Harvey Penick in his Little Red book said, "Surely Mickey Wright is the greatest woman player of all time. It is a thrill for me to remember that beautiful swing of hers." You can learn the swing that won Mickey Wright 90 professional tournaments and 13 major championships before retiring at the young age of 34. Your drives can become longer and more accurate.

Massacre at Winged Foot

Recounts the origins of the PGA tour in 1916 and its development up to the present, highlighting the finest players and notable contests, with statistics for all tournaments through 1988

Quantum Golf

"Weight Training for Women's Golf" is the most comprehensive and up-to-date women's golf-specific training guide in the world today. It contains descriptions and photographs of the most effective weight training, flexibility, and abdominal exercises used by top female golfers worldwide, including Annika Sorenstam. This book features year-round golf-specific weight-training programs guaranteed to improve your performance and get you results. No other women's golf book to date has been so well designed, so easy to use, and so committed to weight training. This book enables female golfers of all skill levels to add extra yardage to their drives and irons. By following this program you can develop the flexibility and strength required to eliminate fatigue and increase distance with every club in your bag. With stronger and more flexible muscles, you will not only hit the ball farther but you will have better control over all of your shots throughout the round. Most importantly, you will reduce your chances of injury and be able to play 18 holes at your highest level.

Unconscious Putting

"The Pro Tour's hottest coach" (Golf Digest) distills the lessons of a private strategy session into an indispensable "soft skills" companion. This enhanced e-book edition features 60 minutes of never-before-seen interviews with the founders of Stockton Golf in which they share stories of how their signature approach has helped some of the best players on the PGA Tour improve their game. Credited with transforming the short games of world-class golfers like Rory McIlroy, Phil Mickelson, Annika Sorenstam, and Yani Tseng, Dave Stockton is one of the most sought-after coaches in golf. Yet Stockton's natural abilities are more like the average player's than those of most tour superstars. Not particularly long off the tee and average in terms of ballstriking, Stockton has won multiple major championships through a willingness to set his ego aside and analyze his game objectively—precisely what make him so effective as an instructor. The hallmark of Stockton's coaching is the idea that "trying doesn't work." He shows students how to get out of their own way and let their subconscious take over. In Own Your Game, Stockton recreates the experience of riding eighteen holes with him at one of his highly sought-after corporate outings. He explains how any player can learn to use his or her mind effectively—both in the microcosm of the shot at hand and in plotting a way through a round. Amateur golfers are tired of trying to imitate the swings of the pros—to mostly disastrous results. Stockton gives players the tools and the freedom to play better with the swing they currently have. Portable, conversational, practical—and complete with a mini-guide to playing business golf with colleagues and clients—Own Your Game shows how players at all levels can master the all-important mental game. This enhanced e-book features 15 videos in which the author and his two sons and coaching partners, Ron and Dave Jr., discuss how this unique mental approach to golf has helped even pros like McIlroy and Mickelson improve their scores and have more fun on the course.

Zen Putting

Golf for Enlightenment is the fable of Adam Seaver, an ordinary person, with a terrible game. Adam meets a mysterious young teaching pro named Wendy who, in seven crisp, short yet profound lessons,
teaches him things that seem baffling at first: - You and the ball are one - Find the now, and you will find the shot - Let the game play you From the moment they begin to put these lessons into practice, what was previously a humiliation turns into a transforming experience, not just for Adam's score but for his whole life. Long a famous writer on spiritual subjects, hailed as the poet-philosopher of mind-body medicine, Deepak Chopra found himself fascinated by the game of golf. He could not escape its parallels to life: ‘Golf is like lightning caught in a bottle. It can turn triumph into disaster in a split second.’ Faced with the wild ups and downs of his own game, Chopra crystallised a teaching based on mindfulness, the ability to remain calm and focused, relaxed and powerful at the same time. Mindfulness can improve any golf game, from the beginner's to the tour professional's. And it can improve anybody's life, no matter what game they play - or none.

**The Impact Zone**

**Behind the Ryder Cup**

Video swing analysis revolutionized the way golf is taught, but players have had to rely on teaching professionals to analyze their swing videos -- until now. The Picture-Perfect Golf Swing is the first-ever complete guide to using a digital video camera to develop the perfect golf swing, on your own. One of Golf Magazine's Top 100 Teachers, Michael Breed has long used video analysis to correct the swings of his students. At the core of Breed's teaching approach is the idea that seeing is believing: when you actually see the flaws of your swing, you can truly understand what you are doing wrong, and you can fix the problem more quickly and effectively. By using this book, golfers won't have to rely on professionals to tell them what they're doing wrong -- they can see it for themselves. The Picture-Perfect Golf Swing offers practical guidance for analyzing, assessing, and correcting your mistakes just like a professional -- but without paying a professional rate. Whether as a complement to swing analysis software or on its own, The Picture-Perfect Golf Swing is a must-have tool for everyone using digital video to master their swing. Fully illustrated with photographs showing fundamentally sound swing mechanics, the book also includes instructions on setting up a camera, choosing the best accessories for filming, selecting the correct shutter speed, using a remote control, and much, much more.

**Own Your Game**

This old adage is familiar to all golfers but is especially resonant with Dr. Bob Rotella, the bestselling author of *Golf Is Not a Game of Perfect* and one of the foremost golf authorities today. In *Putting Out of Your Mind*, Rotella offers entertaining and instructive insight into the key element of a winning game—great putting. He here reveals the unique mental approach that great putting requires and helps golfers of all levels master this essential skill. Much like *Golf Is Not a Game of Perfect* and *Golf Is a Game of Confidence*, *Putting Out of Your Mind* is an informative and valuable guide to achieving a better golf game. While most golfers spend their time trying to perfect their swing so they can drive the ball farther, Rotella encourages them to concentrate on their putting—the most crucial yet often overlooked aspect of the game. Great players are not only aware of the importance of putting, they go out of their way to master it, and mastery can only begin with the understanding of the attitude needed to be a better putter. Rotella's mental rules have helped some of the greatest golfers in the world become champion putters and, for the first time, are now available to golfers everywhere. With everything from true-to-life stories of such greats as Davis Love III, David Duval, and Brad Faxon to dozens of game-changing practice drills, *Putting Out of Your Mind* is the new bible of putting for amateurs and pros alike.

**Golf For Enlightenment**

Hailed as a classic and read everywhere golf is played, *Golf My Way* has sold more than 2 million copies worldwide since it was first published in 1974. Finally, Jack Nicklaus, golf’s leading master, definitively covers the whole of his game through a lifetime of greatness. *Golf My Way* presents an all-inclusive, A-to-Z explanation of how this greatest of champions thinks about and plays the game. This book includes: -New introduction, endpiece, and illustrations -Brand-new chapters discussing the changes in Nicklaus's outlook and techniques -Reflections on the differences in tournament golf today compared with when Nicklaus joined the PGA tour in 1962 -Advice on the mental elements of improved playing that are not directly related to ball-striking or shot-making

**Your Short Game Solution**

Dave Pelz's *Putting Bible* is the second of four books in the hugely popular Dave Pelz Scoring Game Series. Following the enormous success of his *Short Game Bible*, now the authoritative instructor tackles one of golf's least understood skills - putting. Because a putt is the last shot on every hole, and there is no possibility of recovery from a short miss, the putt can count a disproportionate amount. As Pelz discusses in this indispensable guide, the putt constitutes around 43 percent of all swings made - and often almost 100 percent of a game's anguish and frustration! But, as the author explains, putting is actually simple to understand and do. It is also one of the few skills in sport in which any player, regardless of size, strength, speed, gender or education, can compete equally with the best professionals in the world. Using decades of scientific research from studying thousands of golfers, this Nasa-trained scientist shows readers the simplicity of putting that escapes most golfers, and lays out the fifteen well-defined steps to putting perfection. This comprehensive guide from the internationally revered master of the short game and putting game is an absolute essential for all golfers looking to take strokes off their score.
Every Shot Must Have a Purpose

In Dave Stockton's Putt to Win, Stockton, one of the greatest putters of all time, shares the secrets he's learned throughout his career for mastering the "other" game of golf, the one played on the green. The leading money winner on the Senior PGA Tour in 1993 and 1994, Stockton explains the mechanics necessary for successful putting and the mental approach needed to accept your share of misses while holing at least your share of birdies. Beautifully illustrated to highlight various putting techniques and loaded with solid practice drills and short-game tips, Dave Stockton's Putt to Win helps you do just that. Stockton shows numerous ways to improve your putting and ultimately lower your score. Topics covered include how to develop a smooth, dependable, mistake-free stroke; how to stay focused throughout the stroke no matter how difficult the putt; how to read the green and judge the distance to the hole; how to make adjustments for the length, the speed, and the grain of the green; how to read the subtle features that can influence the roll of the ball; how to choose the proper putter; and much more. But most important, Dave Stockton is able to articulate and teach us how to develop feel - the crucial element that separates great putters from those who quake at the sight of a breaking four-footer.

The War by the Shore

"This delightfully written, lesson-laden book deserves a place of its own in the Baseball Hall of Fame." —Forbes Moneyball is a quest for the secret of success in baseball. In a narrative full of fabulous characters and brilliant excursions into the unexpected, Michael Lewis follows the low-budget Oakland A's, visionary general manager Billy Beane, and the strange brotherhood of amateur baseball theorists. They are all in search of new baseball knowledge—insights that will give the little guy who is willing to discard old wisdom the edge over big money.

Zen Golf

"The Pro Tours' Hottest Coach" (Golf Digest) reveals the secrets that helped Phil Mickelson win the 2010 Masters and can utterly transform every player's game. When a resurgent Phil Mickelson won the Tour Championship in September 2009, he was quick to credit a series of simple putting lessons from veteran golf champion and instructor Dave Stockton. As a top coach, Stockton has taught a long list of pro players—including Annika Sorenstam, Yani Tseng (winner of four LPGA tournaments), Adam Scott (Texas Open champion), Hunter Mahan (Phoenix Open champion), and Morgan Pressel (World Ladies Championship of Japan winner)—the putting strategies that fined their game. Stockton's breakthrough concept is that every player has their own Signature Stroke, which is unconscious. Good putting comes from the mind, Stockton says, not from a series of stiff mechanical positions. With visualization, the right frame of mind, an efficient pre-putt routine, and connection to the individual internal stroke signature, any player can make far more puts. Putting has always been taught as an offshoot to the full swing, when in reality it is far different—almost a different game. Unconscious Putting will help players get out of the rigid, mechanical, overthinking trap. In Unconscious Putting, Stockton shows how players at every handicap level—from pros to weekend golfers—can putt effortlessly and with confidence by integrating a new mental approach with a few simple physical routines that will keep them locked on target. Readers will also gain invaluable advice on reading greens and equipment. Illustrated throughout and filled with anecdotes about how Stockton's lessons have helped today's leading players, Unconscious Putting is a must-have golf book and a category classic-in-the-making.

The Art of Putting

Tommy Armour's classic How to Play Your Best Golf All the Time provides timeless golf instruction on the following subjects: * How to learn your best golf * What can your best golf be? * Taking you to the lesson tee * How your clubs can help you * The grip holds your swing together * How to get ready to swing * Footwork, the foundation of best golf * The art of hitting with the hands * The waggle, preliminary swing in miniature * The pause that means good timing * Assembling your game in good order * Saving strokes with simple approach shots * The fascinating, frustrating philosophy of putting * The simple routine of an orderly golf shot These classic bits of advice are accompanied by over four dozen two-color illustrations.

Golf My Way

"Bobby Clampett is one of the most knowledgeable golfing minds in the game."—Tom Lehman, 1996 British Open Champion, 2006 U.S. Ryder Cup team captain Impact has long been called golf's "moment of truth," and great golfers have spent countless hours working on their swings trying to upgrade their impact dynamics as the golf club approaches, contacts, then swings through the ball. For the first time, with The Impact Zone, golfers will have a book that focuses their attention on the very same region of the swing on which professional golfers have always concentrated. The Impact Zone is a unique instructional guide in that everything in it either focuses on or applies to improving a golfer's understanding and execution of impact. Here, acclaimed professional golfer Bobby Clampett concludes that the overwhelming bias and convention of today's contemporary teaching environment is to value swing styles over swing dynamics, and in so doing, the overwhelming majority of golf teachers miss the boat in terms of teaching the game effectively. Ultimately this emphasis on swing style comes at the expense of helping golfers to develop sound swing dynamics, which are the real keys to consistent ball striking and better golf. With the help of CBS's Swing Vision high-speed camera—using images from many of the game's greatest contemporary players (including Tiger Woods, Phil Mickelson, John Daly, Vijay Singh, Sergio Garcia, and
more)—The Impact Zone takes an unprecedented look at the most important six inches in golf, those that immediately precede, contain, and follow impact. To further demonstrate these principles, Clampett presents photos and drills that convey the five essential dynamics golfers need to produce and reproduce solid impact. Throughout these instructional pages, Bobby Clampett— teamed with veteran golf writer Andy Brumer—relays his own personal story of straying from swing dynamics and how he found his way back. He recalls memorable stories from the Tour, blending innovative instruction with his colorful, engaging anecdotes. Clampett and Brumer create an essential instructional guide with clear, concise advice—on creating great swing dynamics through the impact zone—the universally acknowledged key to more consistent and better golf.

**See It and Sink It**

In this indispensable instructional manual, PGA master coach Jim McLean presents the innovative swing method that has helped championship winners like Tom Kite and Brad Faxon elevate their game.

**The Long and the Short of It**

Dr. Craig L. Farnsworth, an optometrist and nationally recognized putting consultant to Nick Faldo, Tom Kite, Steve Elkington, Mark Wiebe and other top tour players, reveals the secrets of his unique, highly successful system. Farnsworth believes that missed puts are more often caused by visual misperceptions than by faulty stroke mechanics. This invaluable, easy-to-follow guide shows golfers how to alter their visual perceptions by "rewiring" their eye-brain reality—helping them to understand how to see and to establish accuracy of what is seen. See It and Sink It presents Farnsworth's winning method, which is based on the fact that in order to excel, one must develop accurate and enduring visual performance skills, such as eye-hand coordination, target localization, accuracy of visualization, space matching, visual discrimination and concentration. These are the essential basics to be able to align properly, judge distance and speed and to read the green. Step-by-step exercises are provided so readers can easily adapt the "Farnsworth System"—the same system that helped Nick Faldo to win the 1996 Master's Tournament—to master their own putting.

**Putting Out of Your Mind**

From the #1 New York Times bestselling author of A Good Walk Spoiled, a dramatic chronicle of the bitterly-fought 2016 Ryder Cup pitting a U.S. team out for revenge against the Europeans determined to keep the Cup out of American hands. Coming into 2016, the Americans had lost an astounding six out of the last seven Ryder Cup matches, and tensions were running high for the showdown that took place in October, 2016 in Hazeltine, Minnesota, just days after American legend Arnold Palmer had died. What resulted was one of the most raucous and heated three days in the Cup's long history. Award-winning author John Feinstein takes readers behind the scenes, providing an inside view of the dramatic stories as they unfolded: veteran Phil Mickelson's two-year roller-coaster as he upended the American preparation process and helped assemble a superb team; superstar Rory McIlroy becoming the clear-cut emotional leader of the European team, and his reasons for wanting to beat the US team so badly this time around; the raucous matches between McIlroy and American Patrick Reed—resulting in both incredible golf, and several moments that threatened to come to blows; the return of Tiger Woods not as a player but an assistant captain, and his obsession with helping the US win—which was never the case when he was playing. John Feinstein's classic bestseller, A Good Walk Spoiled, set the bar for golf books. Now Feinstein provides his unique take on the Ryder Cup, which has clearly become golf's most intense and emotional event's 'First Major.'

**Radical Golf**

A simple and concise guide to confidence and skill in putting by a renowned golf instructor and the bestselling author of Zen Golf and Zen Putting Dr. Joseph Parent is the highly sought-after PGA TOUR and LPGA instructor who has helped major champions Vijay Singh and Cristie Kerr reach #1 in the World Ranking. In the classic Zen Putting, Parent approached the art of putting in the context of Zen Buddhist philosophy. In How to Make Every Putt, he shifts focus to the immediate physical and mental challenges of golf's game within the game, providing simple yet powerful techniques that will unlock the secrets to confident, stress-free putting and improve any golfer's score. Comprised of seven sections on key topics—Confidence, Green Reading, Speed, Stroke, Ideal Putting Routine, Challenging Putts, and Continuous Improvement—this pithy, practical volume combines updated and revised lessons from Zen Putting with a step-by-step method for mastering the ideal putting routine, as well as new tips from the author's years of extensive work with the pros. Parent offers tried and true advice on how to master the essentials of great putting, including: Feeling the confidence that you can make every putt How to read greens for line and speed The secret to a great putting routine How to get better while you play Featuring links to insightful video clips, along with game-changing drills and exercises that golfers can practice at home or on the putting green, How to Make Every Putt is sure to become a staple in every golfer's library.

**The First Major**

"The Pro Tour's hottest coach" (Golf Digest) scores the perfect follow-up to his bestselling golf guide, Unconscious Putting. Dave Stockton is hotter than ever. The 2011 U.S. Open winner, Rory McIlroy,
studied with the renowned instructor and two-time former PGA champion, and credits Stockton's teachings as the reason behind his own putting success. In Unconscious Putting, Stockton introduced amateur players to the techniques, strategies, and mental processes he uses to help tour players find so much success on the green. Now, Unconscious Scoring completes Stockton's short-game education by teaching readers how to make the most of shots around the green—the best place to achieve lower scores. Simplicity is the key to Stockton's remarkable instruction success, and he breaks down the short game into two components—low shots and high shots—explaining both the technique and the context of how and when the shots should be used. Besides McIlroy, Stockton has worked with champions such as Phil Mickelson, Yani Tseng (the number-one ranked woman in the world), and Annika Sorenstam. In Unconscious Scoring, Stockton illustrates his principles with examples from his week-to-week sessions with these and many more of the game's top players. Including black-and-white and color photos and instructional video tags, Unconscious Scoring reveals the simple processes and transformative insights that every player—whatever his or her handicap—yearns to master.

Putt Like the Pros

PGA stars such as Jay Haas, Craig Stadler, Peter Jacobsen, and Darren Clarke have all sought advice from fellow pro Stan Utley about their putting, and have gone on to such immediate success on the green that Utley has become the most in-demand teacher in the game. Now, in The Art of Putting he outlines his unique approach to putting for golfers of all skill levels. In a welcome change from mechanistic and overly-complex putting “systems,” Utley breaks down the putting stroke to a simple, natural motion, revealing a straightforward method for learning this sure, repeatable stroke. As he guides you through the fundamentals of the proper grip, posture, alignment, and swing, Utley will overhaul and improve your stroke by putting feel back into your game. This definitive book also provides: • A complete primer on club design, with tips for finding the putter most in tune with the nuances of your swing • A guide to the sensory aspects of a good putt, from grip pressure to impact response to the way a putt should sound • Simple steps for reading greens accurately, every time • Drills to commit your putting stroke to muscle memory and overcome the tics that can knock your putts off line • Cures for the mental hurdles you’ll face on the short grass

How to Make Every Putt

For more than ten years, Dr Deborah Graham and Jon Stabler have devoted themselves to the scientific study of why, even among the pros, some players win frequently and others never do. In the first psychology self-help book tailored to golfers at every level, they draw on their research to spell out the eight specific personality traits that make the difference: Abstract thinking; emotional stability; tough-mindedness; self-assurance; self-sufficiency; and optimum arousal. Dave Stockton, Lee Janzen, Mark McCumber, and Michelle McGann are among the many golfers who have benefited from Dr.Graham's GolfPsych system. Now, this detailed, practical, and encouraging guide will make it possible for anyone to play like a champ.

The 8 Traits Of Champion Golfers

Columbia Business School professor Mark Broadie's paradigm-shifting approach that uses statistics and golf analytics to transform the game. Mark Broadie is at the forefront of a revolutionary new approach to the game of golf. What does it take to drop ten strokes from your golf score? What part of Tiger Woods' game makes him a winner? Traditional golf stats can't answer these questions. Broadie, a professor at Columbia Business School, helped the PGA Tour develop its cutting-edge strokes gained putting stat. In this eye-opening new book, Broadie uses analytics from the financial world to uncover the secrets of the game of golf. He crunches mountains of data to show both professional and amateur golfers how to make better decisions on the course. This eagerly awaited resource is for any player who wants to understand the pros, improve golf skills, and make every shot count.

Every Shot Counts

Putting has often been described as an art, but the author of this book, by trade a physicist, has analyzed it as never before, using scientific principles. Pelz has come up with a system to perfect your putting stroke -- or at least to come as close to perfect as humanly possible.

How to Play Your Best Golf All the Time

Play Golf the Wright Way

Two legendary coaches give golfers a powerful new approach to the game and to life. As coaches to some of golf's top players, Pia Nilsson and Lynn Marriott have designed and refined a revolutionary way of
teaching the game, with phenomenal results. They don’t believe in prescribing the same stance, grip, and swing to everyone, followed by hours of purposeless drilling. They don’t even believe in beginning with physical technique. Their success has proven to them that a great game begins with a great vision. Unlike any other golf book, Every Shot Must Have a Purpose offers cutting-edge techniques for integrating the physical, technical, mental, emotional, and social parts of a player’s game. The book’s revolutionary pre-shot routine will improve your focus, leading to a golf swing that is not only successful but can be repeated under extreme pressure. Emphasizing the individual golfer rather than a rigid set of mechanics, their VISION54 method takes the frustration out of the game. Why 54? Because they believe it’s possible to shoot a 54 (making a birdie on every hole of a par-72 course) if you have the right mind-set and well-honed intuitive power. An engaging read for the beginner or the seasoned golfer, Every Shot Must Have a Purpose is inspiration for life, not just the links.

**Lights-Out Putting**

“The Pro Tour’s hottest coach” (Golf Digest) distills the lessons of a private strategy session into an indispensable “soft skills” companion. Credited with transforming the short games of world-class golfers like Rory McIlroy, Phil Mickelson, Annika Sorenstam, and Yani Tseng, Dave Stockton is one of the most sought-after coaches in golf. Yet Stockton’s natural abilities are more like the average player’s than those of most tour superstars. Not particularly long off the tee and average in terms of ballstriking, Stockton has won multiple major championships through a willingness to set his ego aside and analyze his game objectively—precisely what make him so effective as an instructor. The hallmark of Stockton’s coaching is the idea that “trying doesn’t work.” He shows students how to get out of their own way and let their subconscious take over. In Own Your Game, Stockton recreates the experience of riding eighteen holes with him at one of his highly sought-after corporate outings. He explains how any player can learn to use his or her mind effectively—both in the microcosm of the shot at hand and in plotting a way through a round. Amateur golfers are tired of trying to imitate the swings of the pros—to mostly disastrous results. Stockton gives players the tools and the freedom to play better with the swing they currently have. Portable, conversational, practical—and complete with a mini-guide to playing business golf with colleagues and clients—Own Your Game shows how players at all levels can master the all-important mental game.

**Snowflakes in the Sun**

Andy North is a two-time United States Open champion, current player on the Senior PGA Tour, and a commentator for ESPN. In this book, Andy offers golfing fans a treasure chest of anecdotes and shares his insight and wisdom into the game of golf. Andy first talks about the pioneers of the game and shares memories of his time with the likes of Arnold Palmer, Jack Nicklaus, Tom Watson, Gary Player, and many others. He shares the heartwarming story of his life growing up in Wisconsin and his rise to success on the PGA Tour. He offers advice on how to better understand and play golf. This book has both the drills and games you can play with your children to make golf fun and the games that you as an amateur golfer should play to improve your own game. Finally, Andy talks about the changes facing golf in the coming years and shares his experiences working with his friends at ESPN. The drama, the excitement, and the suspense of professional golf are all captured in this book. Golfers of all ages will enjoy Andy North’s unique perspective on golf.

**The Eight-step Swing**

Just in time for Father’s Day, here is a unique, beautifully designed and illustrated golf guide by a top teaching pro. In this enlightening golf parable, a tycoon who takes his game very seriously learns “quantum golf” from a farmer in Iowa, and therein lies the secret of success—on the course and in life as well.

**Dave Stockton’s Putt to Win**

Much like the match itself, Behind the Ryder Cup is as unique as it is unmissable . . . comprehensive and fascinating, this is a history of the biennial contest unlike any you’ve ever read before’—Bunkered Enter the locker room: this is a history of the Ryder Cup like you have never experienced it before. From the origin matches that preceded the first official trans-Atlantic encounter between Britain and America at Worcester Country Club in 1927, all the way through to the fortieth installment at Gleneagles in 2014, this is the complete history of the Ryder Cup—told by the men who have been there and done it. With exhaustive research and exclusive new material garnered from interviews with players and captains from across the decades, Behind the Ryder Cup unveils the compelling truth of what it means to play in golf’s biggest match-play event, where greats of the game have crumbled under pressure while others have carved their names into sporting legend.

**The History of the PGA Tour**

Supported by state-of-the-art motion analysis research, ”short game guru to the pros” James Sieckmann unveils his ”finesse wedge” swing — a proven and pragmatic way to learn, practice, and perform with each wedge in the bag in every situation — and shows players that upgrading their short game is possible. Since James Sieckmann first revealed his short-game methods two decades ago, he has amassed a cultlike
Following of more than seventy PGA and LPGA Tour disciples and has been dubbed the “short-game guru to the pros” (GOLF Magazine). Using his system, several of Sieckmann's students have become some of the best short-game players of the modern era. A two-time winner on the PGA Tour jumped 117 spots in the Sand Save rankings in one season; another client quickly jumped 81 spots in Scrambling percentage. The benefits of a good short game are undisputed. Unfortunately, players at all levels fail to develop effective short-game skills because instructors teach the exact opposite of the correct technique. Sieckmann studied the greatest short-game players in recent memory—including Seve Ballesteros, Corey Pavin, and Raymond Floyd—to develop a proven and pragmatic way to learn, practice, and perform with each wedge in every situation. His unique observations, which were later verified by motion capture technology, work equally well for amateurs and pros. In his long-awaited first book, Sieckmann opens up his vault of secrets for all golfers. After breaking down the basics, he presents a session-by-session training and practice guide—the same one he creates for his tour clients—to help the reader develop and sustain correct habits, avoid common flaws, and master essential skills. Next, Sieckmann explains how to optimize a player's wedge swing for every scenario. An easy-to-learn and easy-to-use system, Your Short Game Solution will be the go-to guide anywhere golf is played.

Dave Pelz's Putting Bible

Top teaching professional Sones shares his secrets to successful putting in this beautifully illustrated book, discussing such subjects as mental imagery, finding the right putter, reading greens, and controlling speed. 100 photos & illustrations.

Unconscious Scoring

In one of the first books to apply age-old Buddhist techniques to the game of golf, a noted PGA Tour instructor and Buddhist teacher shows golfers how to clear their minds, achieve ultimate focus, and play in the moment for each shot.

Dave Pelz's Short Game Bible

From the unquestioned expert in the field, the authoritative guide to yoga for golfers "Working with Katherine for the last couple of years has allowed me to compete at a very high level." --Gary McCord, CBS golf commentator and Senior PGA Tour player Katherine Roberts, founder and host of the "Yoga for Golfers" program on the Golf Channel, offers her unique educational methods in this groundbreaking book, providing instruction to the millions of golfers—including many top tour professionals—who have turned to the art of yoga to improve their game. Based on 20 years of expertise, Yoga for Golfers connects the mind and body to create a powerful fitness regimen, including: Yoga postures specifically selected for a golfer's needs Proper breathing techniques Mind-relaxation methods Injury-reducing stretches Visualization tools--for success on and off the course

Yoga for Golfers

With over 30 minutes of bonus instructional video and dozens of photographs, this Deluxe eBook will help you score better than ever. In his bestselling putting guide, Unconscious Putting, Dave Stockton introduced amateur players to the techniques, strategies, and mental processes he uses to help tour players like Rory McIlroy, Phil Mickelson, and Annika Sorenstam find so much success on the green. Now, in Unconscious Scoring, Stockton completes that short game education by teaching readers how to make the most of the shots around the green—the best place to achieve lower scores. Simplicity is the key to Stockton's remarkable instruction success, and he breaks down the short game into two components—low shots and high shots—explaining both the technique and the context of how and when the shots should be used. He shows how to master the easy-to-understand basics of those essential chip shots, bunker rescues, and pitches, and coaches readers on everything from stance and grip to ball position and mental technique. Illustrated with dozens of photos and including behind-the-scenes access to how Stockton has helped revolutionize the games of numerous Tour players, Unconscious Scoring reveals the simple processes that will transform the game of every player—whatever their handicap.

Moneyball: The Art of Winning an Unfair Game

The true story of the dramatic 1991 Ryder Cup at Kiawah Island, which changed the competition in golf forever. The 1991 Ryder Cup began in 1985. Up to then, the biennial match between all-star teams of golf professionals from America and Europe was more ceremonial exhibition than real competition, with the Americans consistently beating the Europeans. That all changed in 1985, when the Europeans wrested it away at the Belfry in Sutton Coldfield, England. The Europeans would go on to win again in 1987, and in 1989 the competition ended in a draw. By the time the 1991 Ryder Cup arrived, the American team had vengeance on their minds. The 1991 Ryder Cup also occurred between the United States's victories in both the Persian Gulf War and the Cold War that year, and the sense of patriotism that came along with the end of those conflicts permeated the national psyche. The competition was broadcast to over 200 million people in twenty-three countries across the globe. Fans forgot golf’s gentlemanly
code of conduct, and loud boos, jeers, and cheers of “USA!” could be heard from the gallery. The Ryder Cup began to resemble the Super Bowl, and it quickly became evident that this match was about more than just golf. In The War by the Shore, veteran golf writer and bestselling author Curt Sampson chronicles this pivotal competition. He interviewed dozens of key players from both Team USA and Team Europe, and provides historical context to explain why the tension was ratcheted so high at this particular Ryder Cup. Well-researched, engaging, and deeply entertaining, The War by the Shore is the story of when golf lost its manners (and, to some extent, its mind).

**Unconscious Scoring Deluxe**

The first putting book in more than a decade from the world's best-known — and bestselling — golf instructor. With numerous bestselling books, coast-to-coast golf schools, and lessons to elite pros, Dave Pelz has founded an empire based upon his scientific approach to the game. His last putting book, Dave Pelz's Putting Bible, was a blockbuster, but his fans are eager to learn the master's newest and most up-to-date techniques. Their wait is finally over. In Dave Pelz's Putting Games, he synthesizes the lessons he gives to elite pros, including Phil Mickelson, Vijay Singh, Steve Elkington, Bo Van Pelt, and Mike Weir—not to mention the thousands of amateurs who attend the Dave Pelz Scoring Game schools and clinics every year. Pelz guides readers through the process of fine-tuning existing strokes, creating new skills and techniques, and using feedback devices at home, where it's easy to find the time to make it happen, all in the name of improving your putting skills. Every golfer knows that improving his or her putting will lower scores, yet great putting remains one of the game’s most elusive goals. Filled with full-color instructional photos and step-by-step lessons, Dave Pelz's Putting Games is the answer to a golfer's dream: It shows the way to improve your putting by playing games in the comfort and convenience of your own home during the week, so you can shoot lower scores on the course on the weekends.

**Dave Pelz's Putting Games**

The next time you play golf leave your woods at home, putt with your 2-iron, and you will be on your way to shooting in the 70s. Sounds radical? Well, you're right on par! Golf enthusiast Michael Laughlin, whose day job is in the film business, reveals his proven, but completely radical strategies that average golfers can use to dramatically lower their score. In Radical Golf, Laughlin rethinks how the game of golf is traditionally played and shares his surprising and innovative ideas on how to play better golf. Unlike the usual technique-riddled golf books, Radical Golf offers practical and easy-to-use tips, and is written for the legion of average players who will never have the long, crunching power game of the professional. "Golf is not a linear game," insists Laughlin, and "Scoring is definitely not related to advancing the ball as far as possible on each shot." In this fun and accessible book, the radical golfer contends, for example, that players should approach the pin much like basketball players maneuver to shoot a basket by striving to shoot from their best, or "sweet" spot on the course. Laughlin also suggests that golf should be played as two separate games (of tee-to-green and putting) and that golfers should keep a separate scorecard for their putting game. Equally radical, Radical Golf calls for using a 2-iron for putts rather than the "dreaded" putter (the loft of the 2-iron matches the putter, "Calamity Jane," of legendary golfer Bobby Jones). Hole by hole, sensible shot after sensible shot, Radical Golf simulates a round of golf with a pro to show how a radical golfer can stay within strokes of par play. Written in a witty and easy-to-understand style, with entertaining sidebars and line drawings, Radical Golf will revolutionize how golf is played both on and off the course. Most of all, Radical Golf will increase the enjoyment of playing this great and challenging game. Radical Golf is just the book that could become the bible of the weekend golfer.

**The Picture-Perfect Golf Swing**

The bestselling author of Zen Golf (more than 100,000 copies sold) presents a new book of profound wisdom and proven techniques for achieving the confidence in putting that all golfers know is the key key to peak performance on the greens. Blending Buddhist wisdom, modern psychology, and practical golf instruction, Dr. Joe Parent's 2002 book Zen Golf broke out to become the top instructional book in golf, and continues to be a steady bestseller. Now, in the eagerly awaited follow-up, Dr. Parent provides readers with a new approach to the aspect of golf in which mental skills have the most impact: putting. Zen Putting takes a thinking-outside-the-box approach based on the idea that by tuning into the process of putting rather than worrying about the result, golfers can get out of their own way and maximize performance. Key principles include using mindful awareness to recognize and clear away distractions and negativity, and that confidence increases when golfers take the attitude that there is something fundamentally, essentially right with them rather than focusing on what's broken or flawed. In succinct, informative chapters, Dr. Parent applies this Zen ideal to a variety of subjects for any putting situation. Chapters include: • “Unconquerable Confidence”: brimming with strategies to cultivate confidence and turn frustration into enjoyment. • “Get Out of Your Own Way”: exploring the obstacles we create for ourselves in putting, and how to recognize and overcome them to get the most out of our abilities. • “How to Make Every Putt”: on reading greens; visualization; putting routine; the key components of a putt—path, pace, and roll; and taking the ideal attitude before putting. Unlike rigid how-to books on putting or fad coaching techniques, Zen Putting stirs each reader to cultivate their own unique style for synchronizing body and mind to achieve peak performance.

**Own Your Game Deluxe**

Describes how to identify weaknesses in golfing technique, offers strategies for strengthening them, and presents a plan to lower scores by improving the short game.